Your self-reported **ethnicity** helps us personalize your reports.

The following concepts may help you understand your reports.
Our reports provide results based on your DNA and self-reported ethnicity.

1. Provide sample
2. Take ethnicity survey
3. Explore reports
Telling us about your ethnicity is important because certain variants are more common in certain ethnicities.
Many reports explain your results in the context of your ethnicity.

Our reports can provide more detailed information for ethnicities that have been well studied.
The more you can tell us about your ethnicity, the better we'll be able to personalize your reports.

- Black or African
- Asian
- American Indian or Alaska Native
- White or European
- Native Hawaiian or Other Pacific Islander
- Other
- I'm not sure

You can always update your selections in your Settings.
By telling us about your ethnicity, you will receive the information that is relevant to you.

Read your reports to explore your DNA.

Although self-reported ethnicity information is incorporated into our reports, our reports are not comprehensive for all ethnicities.