Our **Genetic Health Risk reports** tell you how your DNA can affect your chances of developing certain health conditions.

Here are a few concepts to help you get the most out of your reports.

Start
Genetic variants are differences in DNA between people.

Variants are common but they don't usually impact health.
Some variants may increase the risk of developing certain health conditions.
However, not everyone with a risk variant will develop these health conditions.

For many of these conditions, people without a risk variant can also develop them.
Some variants are more common in certain ethnicities.

The effect a variant has on risk for a health condition is often best studied in those ethnicities.
Since families share DNA, having a family history of a condition can increase risk.

If you have a variant, your family members may also have that variant.
For certain conditions, genetics is just one part of a person's total risk.

Health risks for certain conditions are a combination of:

- Genetics
  - DNA
  - Ethnicity
- Other factors
  - Environment
  - Lifestyle
You may be able to manage your risk for some conditions by managing other risk factors.

Our tests **do not diagnose** any health conditions. Talk to your healthcare provider to better understand how to manage your risk.

[View More Tutorials]