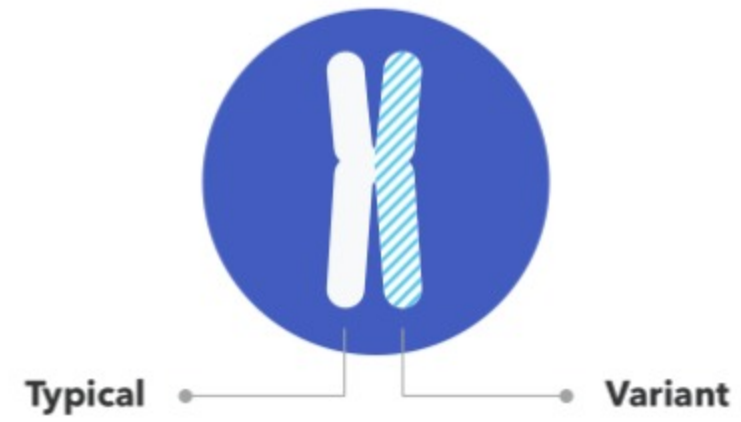


Our **Genetic Health Risk reports** tell you how your DNA can affect your chances of developing certain health conditions.

Here are a few concepts to help you get the most out of your reports.

[Start](#)

Genetic variants are differences in DNA between people.



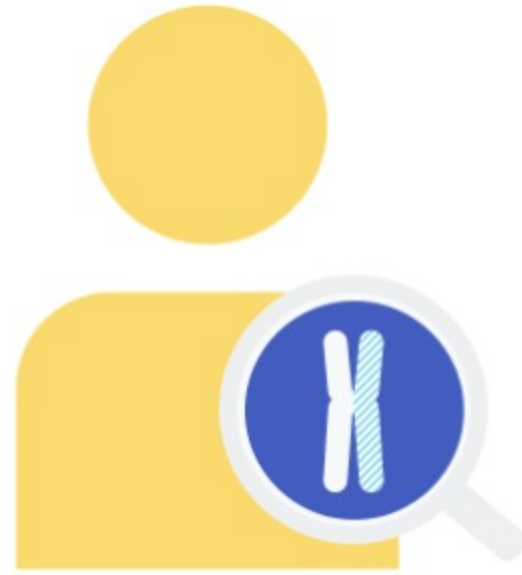
Variants are common but they don't usually impact health.

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Some variants may increase the risk of developing certain health conditions.

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However, not everyone with a risk variant will develop these health conditions.



For many of these conditions, people without a risk variant can also develop them.

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Some variants are more common in certain ethnicities.



The effect a variant has on risk for a health condition is often best studied in those ethnicities.

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Since families share DNA, having a family history of a condition can increase risk.



If you have a variant, your family members may also have that variant.

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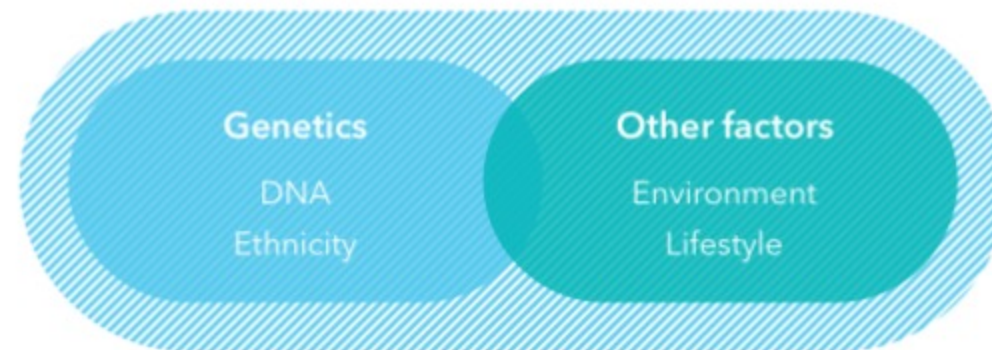


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For certain conditions, genetics is just one part of a person's total risk.



Health risks for certain conditions are a combination of:



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You may be able to manage your risk for some conditions by managing other risk factors.

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Our tests **do not diagnose** any health conditions.

Talk to your healthcare provider to better understand how to manage your risk.

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