Familial Hypercholesterolemia  

You are at increased risk of having very high LDL cholesterol levels. FH can run in families, so all family members should be tested for FH. For this reason, it is important that you discuss FH with your healthcare provider. There is no cure for FH, but early detection and treatment using statins and other medications may help lower your cholesterol levels.

High cholesterol can cause heart disease, even in children. FH can cause heart disease before age 50. It may cause a heart attack or stroke before age 60. FH can also cause early death.

Lifestyle and other factors can also influence the chances of developing heart disease. Healthy lifestyle choices can help prevent heart disease.

About Familial Hypercholesterolemia

It is important to discuss this result with a healthcare professional.

We believe in a collaborative approach to understanding and treating FH. Together, it is important to discuss this result with a healthcare professional.

How to Use This Test

The FH screening test is a simple blood test.

You will not need to fast before the test.

The test will be performed at your local clinic or hospital.

The results will be available within 2 weeks.

Test Results

We detected the RP102702 variant in the APOB gene.

Most people with this variant are likely to have elevated LDL cholesterol levels.

Since you have FH, you should be seen by a healthcare professional who can monitor your cholesterol levels and help you manage your FH.

Lifestyle and other factors can also influence the chances of developing heart disease. Healthy lifestyle choices can help prevent heart disease.