Coronary Artery Disease

Coronary artery disease sometimes starts early in life. It can be completely cured if you quit smoking and keep your cholesterol low. If you get coronary artery disease, it can be treated with medication and a healthy lifestyle. 

Javie, your genetic result is associated with a typical likelihood of developing coronary artery disease.

The results above are based on scientific research and clinical trials. They are not meant to diagnose, treat, cure or prevent any disease. 

Ways to take action

1. Talk to your doctor if you have any symptoms of coronary artery disease. 
2. Get regular checkups, including blood pressure and cholesterol tests. 
3. Eat a heart-healthy diet. 
4. Exercise regularly. 
5. Quit smoking. 
7. Manage stress.

About coronary artery disease

How can coronary artery disease impact your health?

Every year, coronary artery disease is the cause of death for more than 700,000 Americans. It is the leading cause of death in both men and women. 

What factors can put your chances of developing coronary artery disease at higher risk?

- Age: As you get older, you are more likely to develop coronary artery disease. 
- Family history: If you have a first-degree relative with coronary artery disease, you are at a higher risk. 
- Diabetes: If you have diabetes, you are at a higher risk of developing coronary artery disease. 
- High blood pressure: If your blood pressure is high, it can damage your arteries and increase your risk of coronary artery disease. 
- High cholesterol: If your cholesterol is high, it can contribute to the formation of plaque in your arteries. 
- Obesity: If you are overweight or obese, you are at a higher risk of developing coronary artery disease. 
- Smoking: If you smoke or use other forms of tobacco, you are at a higher risk of developing coronary artery disease. 
- Physical inactivity: If you do not get enough physical activity, your risk of developing coronary artery disease is higher. 

Kaplan in mind

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How does this result affect your personal health?

Based on your genetic result, you may be at an increased risk of developing coronary artery disease. 

- You may be at a higher risk of developing coronary artery disease than someone without this genetic result. 
- You may be at a higher risk of developing coronary artery disease than someone with the same lifestyle. 
- You may be at a higher risk of developing coronary artery disease than someone with the same conditions. 
- You may be at a higher risk of developing coronary artery disease than someone with the same family history. 

What does this result mean for your family?

Your genetic result may be passed down to your children. If any of your children inherit this genetic result, they may also be at a higher risk of developing coronary artery disease.

How can you talk to your doctor about this result?

If you have any questions or concerns about your genetic result, you can talk to a genetic counselor or a doctor who specializes in genetic counseling. They can help you understand your result and its implications for your health.

This result is not intended to be a substitute for professional medical advice. It is not intended to diagnose, treat, cure or prevent any disease. It is not intended to influence your personal health decisions.

This result is based on a genetic test that was designed to identify genetic variations that are associated with an increased risk of developing coronary artery disease.

Scientific accuracy and reliability

We are committed to providing accurate and reliable information about health and genetics. We work with experts in genetics, medicine, and other fields to ensure our information is up-to-date and scientifically sound.

We verify all information by reviewing it with experts in genetics, medicine, and other fields. We also consult with regulatory agencies such as the FDA and the National Institutes of Health to ensure our information meets their standards for accuracy and reliability.

We are dedicated to providing the most accurate and reliable information about health and genetics. We strive to be transparent about our information and methods and to provide clear and concise explanations of complex topics.

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